## Thoughts of my Hands

## By Ann Salmonson

A handed gift, gifts of hands, hands of women Hands trained and practiced, hours spent leaning over the table What is in my head moves to my hands Thoughts and imperceptible movement Embroidery, poetry, social transformation A world that could be so removed from my own Held dearly in my heart and lightly in my hands I sit in it and think and sew Stabbing my needle through the fabric A pierced finger so close to the surface My blood wicks and unwanted flower The carefully prepared fabric marred by my carelessness But my saliva can dissolve my blood And I'm not sure if it's habit or contempt As I spit on my work It comes from my mouth and removes evidence of myself But the impressions of my body remain Speared in even stitches Held down with silky threads Each movement filling the peaceful emptiness

Creating monsters with large eyes and golden teeth

A bite much softer than my needle